

Short-Term Career & Technical Education Programs Seniors & Disabled Adults

Seniors & Disabled Adults Program

The Seniors & Disabled Adults Program serves the community by providing life skills training to disabled adults and mentally stimulating classes to seniors in order to improve the quality of life for these two populations of students. Credentialed instructors provide instruction in an array of classes which include sewing, art, music, current events, lip reading/memory enhancement, and life review/journaling. The training for disabled adults fosters independent living through teaching and maintaining basic skills.



CIV 3371 MUSIC APPRECIATION AND PARTICIPATION FOR SENIORS

CIV 3374 ADAPTIVE ART FOR DISABLED ADULTS

CIV 3375 LIFE SKILLS TRAINING FOR PSYCHOLOGICALLY DISABLED ADULTS

CIV 3377 SENIOR ADULTS - DISCUSSION GROUPS



WWW.PASADENA.EDU/CEC