



CA Wildfire Resources

As our community faces this incredible tragedy, we hope to provide support and resources for you and your loved ones. Please see below for a list of resources for those affected by the local wildfires.

Emotional Support: On-Campus Group Counseling sessions

Anthem EAP will be sending campus counselors to host on-campus group counseling sessions that will cover mental health, self-care, and crisis management resources. The session will begin with a group session for 20 minutes and then employees will have the opportunity to meet on a one-on-one session with the Anthem EAP counselor. More dates will be available.

Monday, January 13, 2025- 11:30a.m. to 2:00p.m.
Wednesday, January 15, 2025- 4:00p.m. to 6:30p.m.
Friday, January 17, 2025- 12:00p.m. to 2:30p.m.

All Group Sessions will be in the Circadian (Building CC Room 130)

Carrier Resource

- **[HealthAdvocate CA Wildfire Resource Flyer](#)**
- **[SISC Wildfire Resources Guide](#)**
- **[SISC Anthem EAP Disaster Resources Flyer](#)**
- **MDLive** is allowing a onetime co-pay waiver for SISC PPO and HMO members who need services and were affected by the fires. How it works:
 1. Eligible SISC Members may visit mdlive.com/sisc, call 800-657-6169, or download the MD LIVE app to log in or create an account.
 2. Select Urgent Care (on-demand 24/7) or Mental Health (by appointment only) and schedule an appointment with a provider.
 3. Simply enter the promo code "CAWildFiresUC" for urgent care and / or "CAWildFiresBH" for behavioral health when presented with payment options to redeem a free visit.

- **EyeMed** EyeMed can expedite a pair of temporary adjustable glasses to members at no cost. These glasses allow individuals to adjust for different distances and switch focus for reading, computer and distance. Whether the member wears glasses or contact lenses, EyeMed will ensure replacement eyewear arrives as soon as possible with free expedited shipping at Glasses.com and ContactsDirect.com. See attached flyer. EyeMed also understands the need for immediate assistance may extend beyond enrolled members. Employees in affected areas who are not EyeMed members and need financial assistance to obtain eyewear, can reach out to the OneSight EssilorLuxottica Foundation at engage@onesight.org to learn more. The OneSight EssilorLuxottica Foundation is EssilorLuxottica's global Foundation working to eliminate uncorrected poor vision in a generation.

SchoolsFirst Federal Credit Union Financial Hardship Assistance

SchoolsFirst offers several programs designed specifically for Members impacted by local wildfires, including:

- Temporary credit card limit increases
- Fee waivers
- Payment deferments or reductions on existing loans
- Waived early withdrawal penalties on share certificates
- Emergency loans with personalized terms and repayment options

These programs aim to provide flexible and immediate support tailored to Members' unique needs. Credit qualifying criteria and other limitations may apply.

If a member is interested in exploring these options, please encourage them to call us at

(800) 462-8328, ext. 8059 or visit a branch.

SchoolsFirst Federal Credit Union Tax Sheltered Annuity Program

- If you have a 403(b) Tax Sheltered Annuity (TSA) Account through SchoolsFirst like a 403b account you may be eligible to withdraw money from your account under Hardship Withdrawals (403(b) Plans Only): You may qualify for a hardship withdrawal to cover immediate and heavy financial needs, such as damage to primary residence, paying for medical expenses, or covering funeral costs.

Please note that these withdrawals are subject to specific eligibility criteria.

- Unforeseen Emergency Withdrawals (457(b) Plans Only): If you participate in a 457(b) plan, you may be eligible to withdraw funds in cases of an unforeseeable emergency, such as illness or accident, property or casualty loss or other urgent financial situations. Documentation is typically required to demonstrate the emergency.
- Loans from Your Account: Certain plans allow you to borrow from your retirement account. Loan terms and limits vary by plan, so be sure to review your plan documents.
- Disaster Relief Provisions: In some cases, special provisions for penalty-free early withdrawals may be enacted following a federally declared disaster.

- Contact SchoolsFirst FCU for Support their dedicated team is here to help you navigate your options and make informed decisions about your retirement funds.
Phone: (800) 462-8328, ext. 4116, opt 1.
Schedule Appointment: <https://planningappointments.schoolsfirstfcu.org/service>

Local Resources

Below are additional resources that may be able to assist you regarding the Eaton, Hurst, Woodley, and Palisades Fires in Los Angeles, CA.

- **Wildfire Preparedness and Recovery**
 - https://www.usfa.fema.gov/downloads/pdf/publications/fa_46.pdf
 - <https://www.osha.gov/dts/wildfires/response.html>
 - <https://www.ready.gov/wildfires>
 - <https://www.ready.gov/home-fires>
 - <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/wildfire.html>
 - <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/fire.html>
 - <https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/wildfire-resources>
- **Los Angeles County Sheriff's Department**
 - <https://lasd.org>
 - <https://www.facebook.com/LosAngelesCountySheriffsDepartment>
 - <https://x.com/LASDHQ>
- **Los Angeles Fire Department**
 - <https://lafd.org>
 - <https://www.facebook.com/LosAngelesFireDepartment>
 - <https://x.com/lafd>
- **California Governor's Office of Emergency Services**
 - <https://www.caloes.ca.gov>
 - <https://www.facebook.com/CaliforniaOES>
 - https://x.com/cal_oes

- **Cal Fire**
 - <https://www.fire.ca.gov/incidents/2025/1/7/eaton-fire>
 - <https://www.fire.ca.gov/incidents/2025/1/7/hurst-fire>
 - <https://www.fire.ca.gov/incidents/2025/1/8/woodley-fire>
 - <https://www.fire.ca.gov/incidents/2025/1/7/palisades-fire>
- **Fire Information – InciWeb**
 - <https://inciweb.wildfire.gov/incident-information/caanf-eaton-fire>
 - <https://inciweb.wildfire.gov/incident-information/caanf-hurst-fire>
- **U.S. Air Quality Index - <https://www.airnow.gov/state/?name=california>**
- **California Power Outages Map - <https://poweroutage.us/area/state/california>**
- **Road Closures**
 - For information about road closures, you may dial 511 or obtain information online at <https://roads.dot.ca.gov>.
- **Local American Red Cross Locator - <https://www.redcross.org/find-your-local-chapter.html>**
- **American Red Cross Shelter Locator - <https://www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html>**
 - **Current Open Shelters as of 1/8/2025:**
 - Westwood Recreation Center**
1350 South Sepulveda Boulevard
Los Angeles, CA 90025
 - **El Camino Real Charter High School**
5440 Valley Circle Boulevard
Woodland Hills, CA 91367
 - **Ritchie Valens Recreation Center**
10736 Laurel Canyon Boulevard
Pacoima, CA 91331
- **American Red Cross Smartphone Apps - <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps.html>**
 - These apps offer updates on current emergencies and provide information on safety during a disaster.
- **2-1-1 LA County - <https://211la.org>**
 - 2-1-1 is an easy-to-remember phone number that connects callers to information and services in times of need. It is available 24 hours a day, seven days a week, even

during disasters. Please call if you are seeking resources such as clothing, food, or programs for your family.

- **Federal Emergency Management Agency (FEMA)**
 - 500 C Street Southwest, Washington, DC 20472
 - 800-621-FEMA
 - <https://www.fema.gov>
 - If a disaster is declared in your area, please call to apply for assistance or visit <https://www.disasterassistance.gov>.
- **FEMA Text Message Program**
 - To locate an open emergency shelter, text SHELTER and a zip code to 43362 (4FEMA).
 - To locate an open Disaster Recovery Center, text DRC and a zip code to 43362 (4FEMA).
 - Please note that standard message and data rates apply.
- **Food Resources**
 - [Los Angeles Regional Food Bank](#)
 - [Food and Nutrition for Older Adults](#)
 - [LA County Aging and Disabilities Dept. Disaster Food Pantry Sites](#)
 - [LAUSD Student Meal Distribution](#)
- **California Work Opportunity and Responsibility to Kids (CalWORKs) - <https://www.cdss.ca.gov/calworks>**
- **Local Salvation Army Locator - <https://www.salvationarmyusa.org>**
- **VRBO may offer reduced rates for housing in times of disaster-<https://www.vrbo.com>**
- **Airbnb helps wildfire victims with free temporary stays - <https://www.usatoday.com/story/news/nation/2025/01/08/los-angeles-wildfires-airbnb-offers-temporary-housing/77561992007/>**
- **Planet Fitness opens up its doors for residents and first responders affected by wildfire - <https://ktla.com/news/california/wildfires/planet-fitness-open-l-a-county-locations-to-residents-first-responders-affected-by-wildfires/>**